



Contra Costa County
Mental Health and Faith Consortium

Announces: Mental Health 101

***A training designed to enhance the skills of Faith Leaders to better support and respond to the mental health needs of consumers and family members in
Contra Costa County***

**Friday, May 20, 2016
1875 Arnold Drive (2nd Floor)
Martinez CA, 94553
*(Lunch Provided)***

This training will broaden the skills of Diverse Faith Leaders, equipping and empowering them as the preferred first responders for those in mental health distress. It will inspire faith leaders to create welcoming communities correcting misinformation while educating clergy members to recognize signs, symptoms and triggers of mental illness utilizing culturally responsive approaches.

Training Team:

Gigi R. Crowder L. E., *Mental Health and Spirituality Master Trainer, Founder of Mental Health Friendly Communities*

Rev. William Kruse, *Mental Health and Spirituality Consultant, CMHSI Steering Committee member*

For more information about this event or to register, please contact:

Gigi R. Crowder @ (925) 238-0870 or gigicrowder0283@comcast.net



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County**