

Proposition 1: A Bed and Care Instead of Tents, the Street or Death for our Loved Ones

Improving Community Care, Sub-Acute and
Acute Behavioral Health Care

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High Level Prop. 1 Summary

- ▶ If passed by the voters at the March 5, 2024 Primary, Proposition 1 will do several things:
 - Rename the Mental Health Services Act (MHSA) the Behavioral Health Services Act (BHSA).
 - Collapse the current 5 MHSA Categories into 3 BHSA categories without increasing state funding.
 - Authorize a \$6.3B housing Bond to cover either building new or refurbishing existing housing for 13,000 full spectrum of care (including civil locked acute and sub-acute level facility) beds.
 - Through the Housing Bond, also create 27,000 Outpatient Treatment slots primarily for Substance Use Disorder treatment.
- ▶ Focus County Behavioral Health Depts. & Svc. Providers to fully serve the Severely Mentally Ill population.

Key Points: Proposition 1

Financial Changes:

- ▶ The state would take some functions from the counties and thus, decrease each county's BHSA allocation from the present 95% to 90% (\$140M annually statewide) for the following purposes:
 - 4%--Behavioral Health workforce expansion
 - 3%--State run Prevention program
 - 3%--State BHSA Administration
- ▶ The current MHSA Categories are:
 - Community Services and Supports (CSS)—50% minimum
 - Prevention & Early Intervention (PEI)—5% minimum
 - Innovation (INN)—5% minimum
 - Workforce Education & Training (WET)—1% minimum
 - Capital Facilities/Info. Technology (CF/TN)—1% min

Key Points: Proposition 1 (cont'd)

- ▶ Would be “folded” into:
 - Housing Intervention—30%
 - Full Services Partnerships (FSPs + AOT)—35%
 - Behavioral Health Services & Supports (BHSS)—35%
 1. 51% of BHSS must be used for Early Intervention (EI)
 2. 51% of Early Intervention (EI) must serve persons under 25 years of age.
- Housing bond of \$6.3B absolutely vital to help prevent further homelessness, jail, or death for our loved ones who, at times, need:
 1. Acute psychiatric bed care, Respite Care, and/or
 2. Civil locked facility care help to keep them out of the criminal justice system and off the streets or death.
 3. Proper step-up and step down community care to avoid, as much as possible, justice involved locked facility care.
 4. Especially important for the Black Indigenous Persons of Color (BIPOC) communities in Contra Costa County.

Contra Costa Behavioral Health Services (CCBHS) Budget

- ▶ Fed. Fin. Participat.(Medi-Cal): \$101,109,300--33%
- ▶ 1991 & 2011 Realignment: \$ 87,025,700—29%
- ▶ Mental Health Services Act: \$ 63,520,000—21%
- ▶ Alcohol and Other Drugs: \$ 33,136,000—11%
- ▶ County portion: \$ 17,305,000— 6%
- ▶ TOTAL: \$ 302,096,000

- ▶ Public Guardian (LPS Conservat.): \$4,500,000
- ▶ MHSA (FSP+AOT--Community): \$33,647,090
- ▶ 1991 & 2011 Realignment: \$87,025,700
- ▶ TOT. High Need Care Costs: \$125,172,790—41%

- ▶ Persons involved: 900-1,000/year

CC County MHSA/BHSA Budget Categories

Current MHSA Categories

| | |
|-----------------------------------|----------------------|
| ▶ Com. Support Services (CSS): | \$ 48,149,000—75.8% |
| ▶ Prevent. & Early Interv. (PEI): | \$ 9,849,000—15.5% |
| ▶ Innovation (INN): | \$ 2,329,000— 3.7% |
| ▶ Workforce Educ./Train. (WET): | \$ 2,943,000— 4.6% |
| ▶ Cap. Fac./Tech Needs (CF/TN): | \$ 250,000— 0.4% |
| ▶ TOTAL: | <u>\$ 63,520,000</u> |

Proposed BHSA Categories

| | |
|--|---------------------|
| ▶ Housing Interventions—30%: | \$19,056,000 |
| ▶ Full Service Partnerships (FSP)—35%: | \$22,232,000 |
| ▶ Behav. Health Svcs.&Sup. (BHSS)—35%: | <u>\$22,232,000</u> |
| ▶ TOTAL: | \$63,520,000 |

Source: 2022–2023 Actual CCBHS Published budget and then “recast” into the new proposed BHSA Categories.

Housing Needs: CC County

- ▶ Current Budget Provided (High Need persons):
- ▶ MHSA (FSP+AOT & Housing): \$33,640,090
- ▶ 1991 and 2011 Realignment: \$87,025,700
 - \$20M/yr. of state Realignment funding used for State Hospital and Institute of Mental Diseases (IMD) care
- ▶ County Jail--\$50M/yr. per Prison Law Office settlement
- ▶ State Prison: Unknown
- ▶ Persons involved (Ages 18 & above): 1,200–1,250
- ▶ MHSA (Community Unlocked): 650 (FSP & AOT)
- ▶ 1991 Realign. LPS Conserv. IMD Care: 139–180+
- ▶ State Hosp.+ Condit. Release (CONREP): 75+
- ▶ County Jail: 300 (out of 700 persons—40% have a severe mental illness and co-occurring Substance Use Disorder)
- ▶ State Prison: Unknown
- ▶ Unhoused in CC County: 2,000–2,500/year, 50%+ of whom have co-occurring severe mental illness and substance use disorder issues. This is especially the population Prop. 1 seeks to reach and serve.

Prop. 1 Bond Measure Dollars for Statewide Housing Categories

- ▶ Chap. 4: Behav. Health Infrastructure Bond Act of 2024—pp. 102–105
- 1. Homeless or “At risk of” veterans: \$1.065B
- 2. Gen. pop.—Homeless or at risk of: \$ 922M
- 3. Short Term Crisis, Acute, Sub–Acute, Com.: \$1.500B
- 4. Gen. pop.—Crisis, Acute, Sub–Acute, Com: \$2.893B
- ▶ TOTAL: \$6.300B
- ▶ NOTE; All rounds of funding will be via the Behavioral Health Care Continuum Infrastructure Program (BHCIP) competitive bid process.

Prop. 1 Housing Bond Beds & Outpatient Treatment Slots Involved Statewide

| | |
|---|--------------|
| 1. Veterans (In Community): | 2,350 |
| 2. General Population (incl. SUD): | 2,000 |
| 3A. Crisis (incl. Acute Care & Peer Respite): | 2,050 |
| 3B. Sub-Acute: | 2,700 |
| 3C. Community (incl. SUD): | 2,050 |
| 4. Gen. Pop., including 3A, 3B, 3C: | <u>1,850</u> |
| TOTAL: | 13,000 |
| Outpatient Treatment slots (prim. SUD): | 27,600 |

Source: CA Public & Policy Center website—
Understanding Proposition 1

Prop. 1 Housing Bond Effects on CC County

Dollars—Approx., CCC 2.4% of state pop. & Medi-Cal recipients

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|--|---------------------|
| 1. Veterans (Community—Incl. AOD): | \$28,755,000 |
| 2. General Pop. (Community): | \$24,894,000 |
| 3. Crisis, Sub-Acute, & Community: | \$40,500,000 |
| 4. Gen. Population (Com., incl. 3): | <u>\$78,111,000</u> |
| TOTAL Approx. Prop. 1 Dollars for CCC: | \$172,260,000 |

Beds—Approx. , CCC 2.4% of state pop&M-Cal recipients

| | |
|--|-----------|
| 1. Veterans (Community): | 64 |
| 2. General Population (Community): | 54 |
| 3A. Crisis & Stabilization: | 56 |
| 3B. Sub-Acute (LPS Conserv.): | 73 |
| 3C. Community: | 56 |
| 4. Gen. Pop., incl. 3A, 3B & 3C: | <u>43</u> |
| TOT. Approx. Prop. 1 Beds for Contra Costa County: | 346 |

Ongoing issues, if Passed by Voters

▶ BHSA

- With funding not increased, stress on current funding for Core Services, such as treatment and housing, esp. for historically underserved communities (BIPOC & LGBTQUI). Focus: “Braided” Medi-Cal funding.
- CCBHS has attempted to get around this by putting as much money as possible in the 2023–2026 3 Yr. Plan for Housing (approx. \$66M in this plan time period).

▶ Housing Bond

- \$310M/yearly in bond payments over 30 years means a cost of \$9.3B over 30 years for this \$6.3B Bond.
- Will slightly strain the General Fund for other programs.
- Overall, a very worthwhile “trade-off” for our loved ones who really need this care. The tragic alternative is often the criminal justice system, homelessness, or death, especially for families of loved ones in Black Indigenous Persons of Color (BIPOC) communities in this county.

Appendix: Acronyms and Phrases

Acute Level of Care—Refers to the locked Psychiatric Ward level of care for children (ages 0-11), adolescents (ages 12-17), and adults (ages 18 and above)

AOD—Alcohol and Other Drugs: Behavioral Health portion of Mental Health dept.

BHSA—if approved by voters at the March 5, 2024 Primary election, would rename the Mental Health Services Act (MHSA) the Behavioral Health Services Act (BHSA).

CCBHS—Contra Costa Behavioral Health Services

IMD—Institute of Mental Diseases (civil locked facility)

MHRC—Mental Health Rehabilitation Center (civil locked care facility)

Sub-acute level of care—civil law locked services and care facility for persons on an LPS (Mental Health) Conservatorship. They are placed in an IMD MHRC.

Community based care—unlocked state licensed and unlicensed care, housing, services and treatment for mentally ill persons needing it.

TAY—Transition Age Youth (State: Ages 16-25)

WIC—Welfare & Institutions Code

